



The Rotagram

PUBLISHED WEEKLY

ROTARY CLUB OF WHITTIER No. 859 Founded 1922

Volume 86	No. 26	EDITOR: Mike Ely	JANUARY 30, 2009
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The Rotary Club of Whittier Presents

Today's Program
Larry Wilde, Humorist
"The Value of Laughter"

February 6, 2009
Bob Ihlen, Whittier Police Department
Chaplains Program

Meetings are Fridays at 12:10 pm
Radisson Hotel, 7320 South Greenleaf in Whittier, California

2007-2008 OFFICERS: R. D. McDonnell, President; Jeff Nickell, Vice President; Rob Settlege, Past President; Ted Zwemer, Secretary; Jim Howard, Secretary-Computer Records; Gary Pirnat, Treasurer		
DIRECTORS:	<u>2008/2010</u> Joe Baima Mike Ely Owen Newcomer Mark Villalobos Mike Blackmore	<u>2007/2009</u> Humera Dadabhoy Gary Pirnat Dave Pickard, Sr. Ted Knoll Ted Zwemer
	GOVERNOR, DISTRICT 5320 Roger McGonegal	INTERNATIONAL PRESIDENT Dong Kurn Lee



Rotary Club Meeting #26

January 30, 2009

Whittier, California, USA

Opening: **President RD** rang the bell at 12:20 and the weekly meeting of the Whittier Rotary club was called to order.

Pledge: **Rett Rasmussen** led the members in the pledge to our flag and our country

Invocation: **Father Jim Bradley** shared a devotional about God's presence in our lives and in the world around us.

Song: No song leader...no piano...no song.

Four Way Test: **David Pickard, Jr.** led us in reciting the 4-Way Test as we seek to remember this vital commitment we make as Rotarians. Let us continue to reach to this goal: not only memorize it, but apply in "all that we think, say and do..."

Introductions of Guests and Visiting Rotarians:

Visiting Rotarians: *Ray Schmit of the Whittier Sunrise Club*

Guests of Rotarians:

RD's brought His wife Kathleen, his assistant Kim Kracy, along with guests Craig Dodge and Jesus Terriquez,

Owen Newcomer brought his wife Christina, and a guest from City Hall Chris Magosdu.

Jeff Nickell brought one of his bike-riding friend Bob Sheddon

Rotarian Milestones

Birthdays: *Dave Harris on January 31st*

Anniversaries: *Jim and Marjorie Howard celebrate 55 years of marriage on January 30th!!*

Rotary Anniversaries: *Jim Peterson on February 1st.*

Announcements

The **11th Annual Silver Shield Awards Banquet** honoring our local police officers will be held at the Pacific Palms Resort on Friday, February 20th at 5:30pm. RSVP to Maria Segovia to sit at the Rotary Club's table.

District 5320 Annual Conference is scheduled for March 26th through March 29th. We will be co-hosting a hospitality suite with the Buena Park club on Friday night. Any member who attends Saturday's events can get meeting make-up.

YMCA's Annual Fund Campaign is now in progress. Many Rotarians have given to this campaign and the **YMCA** is counting our support once again. These funds help offset scholarships and memberships for those members who are in financial need. **Mike Ely** and his team will be looking for you.

Whittier Sunrise Fundraiser – “Battle of the Bands”. Area high school jazz bands will be competing on March 3rd at Whittier High School. The cost is \$10 per person. Come hear some great music, support the Sunrise Club and their fundraising for local high schools.

Recognitions

Funny thing...no recognitions today. Thanks! Now we have more time to laugh.

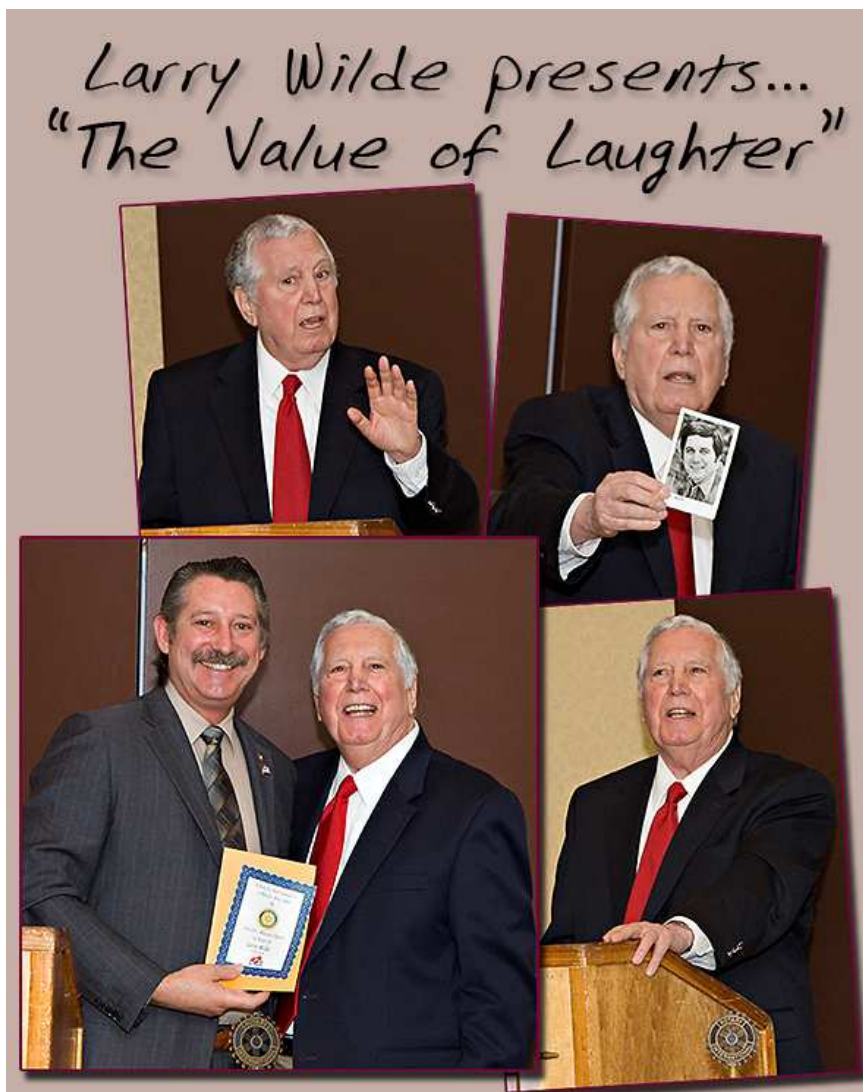
Program for Today

Larry Wilde, Humorist

The Five Ways that Humor Relieves Stress

The club members were treated to great time of laughter as Larry Wilde told us about how humor can relieve stress. He shared five ways that we can lower stress and enjoy life more by laughing:

- Laugh out loud everyday. A good “belly-laugh” has physical benefits
- Learn to laugh at yourself.



- Develop a light-hearted attitude. Don't take life so seriously
- Expose yourself to something funny everyday.
- Try to see the funny side of life. There is humor in everything.

Thank You's: We thank Larry Wilde for giving us the gift of laughter and in his honor a book will be placed in a local Whittier school. A certificate signifying this donation was given to Larry. Thanks were extended to those involved in the program a very funny meeting

A Closing Thought for the Week: President RD offered this quote in closing: “Duty is a very personal thing. It is what comes from knowing the need to take actions, and not just the need to urge others to do something.”

Mother Teresa

Next Week’s Program: Rotarian Julio Cesar Chavez, “Craft Talk”


Closing Bell: The meeting was adjourned at 1:40. It was great to have the Soroptimists with us today!

The Secretary's Corner

UPCOMING PROGRAMS

February

- 06 Bob Ihlen - Whittier P.D. Chaplains Program
- 13 Brenda Wiewel – Whittier Area Recovery Network
- 20 Vanessa Ivic – PIH Community Benefit Program
- 27 Jeff Nickell – President’s Elect Club Assembly

MAKEUP LOCATIONS			
MONDAY:	Anaheim – 12 noon Diamond Club, Edison Field 2000 Gene Autry Way 714-940-2000	Cerritos – 12 noon Hometown Buffet 11471 South Street 562-402-8307	Norwalk – 12 noon Norwalk Marriott Hotel 1311 Sycamore Drive 562-863-5555
TUESDAY:	East Los Angeles – 12:10 PM Tamayo Restaurant 5300 E. Olympic Blvd. 323-260-4700	Whittier Sunrise - 7:15AM Friendly Hills Country Club 8500 S. Villa Verde 562-698-0331	Santa Fe Springs – 12 noon Candlewood Country Club 14000 E. Telegraph Rd. 562-941-1228
WEDNESDAY:	La Mirada - 12:10 PM Candlewood Country Club 14000 E. Telegraph Rd. 562-941-1228	Fullerton – 12 noon Terrace Room, Hope Intn'l Univ. 2555 E. Chapman 714-879-3901	Montebello - 12:10 PM Montebello Country Club 901 Via Clemente 323-724-4500
THURSDAY:	La Habra – 12:10 PM Hacienda Golf Club East Rd., La Habra 562-694-1081	Pico Rivera -12:10 PM Dal Rae Restaurant 9023 E. Washington Blvd. 562-949-2444	South El Monte – 12 Noon Pepe's 11740 Valley Blvd 626-401-1599
RECENT MAKE-UPS BY MEMBERS			
<p>ROTARY CLUB OF WHITTIER BOX 753, WHITTIER, CA 90608</p>  <p>Meets Friday – 12:10 p.m. Radisson Hotel 7320 So. Greenleaf Whittier, CA</p>			
Rotary's Four-Way Test:		<p>Is it the truth? Is it fair to all concerned? Will it build good will and better friendships? Will it be beneficial to all concerned?</p>	