



The Rotagram

PUBLISHED WEEKLY

ROTARY CLUB OF WHITTIER No. 859 Founded 1922

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The Rotary Club of Whittier Presents

Today's Program

***Frank S. Adamo – Delivering and Maintaining
Your inner strength***

*Meetings are Fridays at 12:10 pm
Radisson Hotel, 7320 South Greenleaf in Whittier, California*

2009-2010 OFFICERS: Jeff Nickell, President; Dennis Sargent, Vice President; R.D. McDonnell, Past President; Mike Ely, Secretary; Jim Howard, Secretary-Computer Records; Humera Dadabhoy Treasurer		
DIRECTORS:	<u>2009/2011</u> Herb Sussman Jack Marino Fr. Jim Bradley Brenda Torres Jeff Muller	<u>2008/2010</u> Joe Baima Mark Villalobos Mike Ely. Owen Newcomer
	GOVERNOR, DISTRICT 5320 Bret Gerdes	INTERNATIONAL PRESIDENT John Kenny



Rotary Club Meeting #5
August 7, 2009
Whittier, California, USA

Opening: **President Jeff Nickell** rang the bell at 12:30 and the weekly meeting of the Whittier Rotary club was called to order.

Pledge: **Jack** led the members in the pledge to our flag and our country.

Invocation: **Mike Ely** (filling in for the travelling Fr. Bradley).

Song: **Rob Settlege** led the members to an a rousing rendition of “If You’re Happy & You Know it....”

Four Way Test: **Mike Blackmore** was kind enough to step away from his leadership conference at WACC to lead us in reciting the 4-Way Test as we seek to remember this vital commitment we make as Rotarians. “Let us continue to reach to this goal: not only memorize it, but apply in “all that we think, say and do...”

Introductions of Guests and Visiting Rotarians:

Visiting Rotarians: (No visiting Rotarians this week.)

Guests of Rotarians: None

Rotarian Milestones:

Birthdays: **Al Hermo – August 13th** (Welcome back and happy birthday Al!)

Anniversaries: None

Rotary Anniversaries: **Tom Conlin 08/11 -1995 – 14 years.** (In 1995 the Atlanta Braves won the World Series in 6 games against the Cleveland Indians and the Super Bowl was won by the S.F. 49er defeating the S.D. Chargers. Thunder Gulch wins the Kentucky and the top T.V. shows were Seinfeld and E.R.)

Announcements

Mike Ely – Update on **Ted Zwemer** – Ted is back home after surgery and should be back at the club within a few weeks. He is at home resting and has some slight arthritis pain. We all wish him a speedy recovery.

Al Hermo is back with us today. Welcome back Al!

Maria Segovia will oversee the membership committee. Thanks for all the extra work you do **Maria**.

Dave Pickard to serve on BOD in replacement of Gary Pirnat.

Brenda Torres – End Polio Now See Brenda to buy tickets to the Angel game.

Mark Villalobos – Don’t forget to sign up to help with the food booth that the Rotary will be having at this year’s Car Show Fundraiser.

Program & Events – The program and events are listed and posted on our website under “Events” page. Visit www.WhittierRotary.org

Jeff’s Joke of the day – An international journalist learned of a very old man who had been going to the Western Wall to pray twice a day, every day for a very long time. She travelled to the Wall to observe him in prayer. As he rose to leave, she approached him she said, “Pardon me, sir, I’m a journalist for an international news station and we’d like to know, how long have you coming to the Western Wall to pray?”

“For 60 years,” the man replied. “That’s amazing!” she said. “What do you pray for?”
“ I pray for peace between the Christians, Jews and the Muslims. I pray for an end to all wars. I pray for all our children to grow up safely and be responsible adults.” He declared.

“How do you feel after 60 years in prayer?” she asked

“Like I’m talking to a brick wall!”

Recognitions: - R.D. McDonell – Fine Master



R.D. recognized Charlene for her recent vacation to Santa Fe, New Mexico. The family enjoyed bike riding, museums and white water rafting. She is also remodeling her kitchen and has two more weeks to go. (we’ll keep our fingers crossed for you Charlene.)

Maria Segovia was also recognized for her recent vacation to the dessert. She and here family spent 7 days in the hot dessert. Maria’s daughter just graduated from Cal Poly Pomona with a sociology degree (congrats!!) and her son and daughter in law are expecting a brand new baby. (aaah)

Program: Frank S. Adamo talked about delivering and maintaining your inner strength and gave some real life examples of overcoming some hardships.

Jeff Nickell – Presented Frank with the rotary book certificate that every speaker receives from our Whittier rotary club.


Jeff thanked the visiting Rotarians and those that helped with the meeting.

Program for next week: “Update on Stem Cell Research.” Dr. Hans Keirstead, Professor of Anatomy & Neurobiology UC Irvine.

Thought for the Week: “If you can start the day without caffeine. If you can get going without pep pills. If you can always be cheerful ignoring the aches and pains. If you can eat the same food every day and be grateful for it. If you can understand when your loved ones are too busy to give you any time. If you can relax without liquor. If you can sleep without the aid of drugs

....Then you are probably the family dog!

Closing Bell: The meeting was adjourned at 1:30. Have a good weekend everyone!

MAKEUP LOCATIONS			
MONDAY:	Anaheim – 12 noon Diamond Club, Edison Field 2000 Gene Autry Way 714-940-2000	Cerritos – 12 noon Hometown Buffet 11471 South Street 562-402-8307	Norwalk – 12 noon Norwalk Marriott Hotel 1311 Sycamore Drive 562-863-5555
TUESDAY:	East Los Angeles – 12:10 PM Tamayo Restaurant 5300 E. Olympic Blvd. 323-260-4700	Whittier Sunrise - 7:15AM Friendly Hills Country Club 8500 S. Villa Verde 562-698-0331	Santa Fe Springs – 12 noon Candlewood Country Club 14000 E. Telegraph Rd. 562-941-1228
WEDNESDAY:	La Mirada - 12:10 PM Candlewood Country Club 14000 E. Telegraph Rd. 562-941-1228	Fullerton – 12 noon Terrace Room, Hope Intn'l Univ. 2555 E. Chapman 714-879-3901	Montebello - 12:10 PM Montebello Country Club 901 Via Clemente 323-724-4500
THURSDAY:	La Habra – 12:10 PM Hacienda Golf Club East Rd., La Habra 562-694-1081	Pico Rivera -12:10 PM Dal Rae Restaurant 9023 E. Washington Blvd. 562-949-2444	South El Monte – 12 Noon Pepe's 11740 Valley Blvd 626-401-1599
RECENT MAKE-UPS BY MEMBERS			
<p>ROTARY CLUB OF WHITTIER BOX 753, WHITTIER, CA 90608</p>  <p>Meets Friday – 12:10 p.m. Radisson Hotel 7320 So. Greenleaf Whittier, CA</p>			
Rotary's Four-Way Test:		<p>Is it the truth? Is it fair to all concerned? Will it build good will and better friendships? Will it be beneficial to all concerned?</p>	